



CONVERSION CHART

H2O Academy, Red Cross Swim, YMCA

The H2O Academy provides an innovative approach to swimming lessons through our proprietary, award-winning AQUA-Lit™ Curriculum©. We create progressive results which are enhanced by small class sizes and a unique evaluation system based on an improvement scale rather than passing and failing. We put a heavy focus on technical proficiency and creating good habits from the start. This tool will assist you in determining where your student will fit into our program!

Age	H2O Academy		Red Cross Swim	YMCA
4 - 18 months	Baby	Splash	Starfish/Duck	Splashers/Bubblers
		Shark	No equivalent	No equivalent
19 - 36 months	Toddler	Splash	Duck/Sea Turtle	Bubblers
		Shark	No equivalent	No equivalent
3 & 4 years	Mini	Splash	Sea Otter/Salamander	Bobbers/Floaters/Gliders
		Shark	Sunfish/Crocodile/Whale	Divers/Surfers/Dippers
5 & 6 years	Kid	Splash	Sea Otter/Salamander/Sunfish/Swim Kids 1	Bobbers/Floaters/Gliders/Divers/Otter
		Shark	Crocodile/Whale/Swim Kids 2 – 4	Surfers/Seal/Dolphin/Dippers/Swimmer
7 & 8 years	Novice	Intro	No experience/Swim Kids 1 – 2	No experience/Otter/Seal
		Splash	Swim Kids 3 – 4	Dolphin/Swimmer
		Shark	Swim Kids 5 – 10	Swimmer/Star 1 – 7
9 & 10 years	Junior	Intro	No experience/Swim Kids 1 – 2	No experience/Otter/Seal
		Splash	Swim Kids 3 – 4	Dolphin/Swimmer
		Shark	Swim Kids 5 – 10	Swimmer/Star 1 – 7
11 & 12	Tween	Intro	No experience/Swim Kids 1 – 2	No experience/Otter/Seal
		Splash	Swim Kids 3 – 4	Dolphin/Swimmer
		Shark	Swim Kids 5 – 10	Swimmer/Star 1 – 7